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"Drinking beer promotes freedom of speech!"

BEER
on the wall

Presents...

Happy New Year!!! A Resolution for Beer

If you read our New Year's issue of this newsletter last year, some of this may sound a bit familiar, but we believe that this is such a terribly awesome new year's resolution that we are going for it again! We here at Beer On The Wall have decided to make this year's resolution "to stick with last year's resolution for one more year."

This perfect New Year's Resolution is not only very fun to do, but has been proven by medical societies around the globe to be very good for you!

I am sure you guessed by now that this has something to do with beer, and it does. Not any beer however... just the roasty dark ones like stouts and porters. You fizzy yellow beer drinkers must either look for a different resolution, or learn to enjoy a nice, full bodied, creamy brew.

Dark beer has been proven to have some very healthy side effects, if consumed moderately and on a regular basis. Drinking two dark beers each day (you get to decide how big these beers are) is good for your mind, your heart, your eyes and your conscience.

Your Mind - The British Journal of Psychiatry has published an article stating their findings that moderate consumption of dark beers helps slow the effects of senility and prevents memory loss as you age... Two very nice things!

Your Heart - The British Medical Journal has also published an article that shows the anti-toxins in dark

beer have the same health benefits as red wine, and in some cases are even more helpful. These anti-toxins seem to significantly lower bad cholesterol levels and may keep the bad cholesterol from sticking to the sides of your blood vessels, therefore decreasing your chances of heart disease.

Your Eyes - The same report showed that the incidence of developing cataracts with age was dramatically decreased.

Your Conscience - There are lots of marginal light beers bottled just for the for mass beer drinkers out there who want something cheap & fizzy, but don't really care about the quality of what they are putting into their bodies. By choosing a stout or a porter, your odds are better that the quality of the beer you buy will be good, because usually only the good ones make it into bottles. Knowing that you are drinking very good beer will make you feel good inside.

Make your New Year Resolution this year to drink at least 2 dark beers each and every day and you will very likely live longer, your heart will surely beat stronger, your blood vessels will stay softer as your

Rated #1 Beer Gift Shop!

Quote of the Month

Work is the curse of the drinking class.

-- Oscar Wilde --

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January, 2006

Warning - Consumption of alcohol is a major factor in dancing like an ass...

Bunch of the Month Club®

This Month's Featured Brews

California Blonde Ale

Coast Range Brewing Company

Coast Range Brewing Co. is located in Gilroy, CA which is also known as the "Garlic Capital of the World". The guys at Coast Range would like to call it the "Microbrew Capital of the World" and once you taste the brews that come out of their tanks, you'll know why!

Coast Range puts two beers in bottles year around, both of which we have included in this month's bunch. These two beers are excellent and have won numerous awards over the years.

Master Brewer, Peter Licht, not only brews Coast Range's two flagship ales, but contract brews several other tasty beers as well. The Coast Range Brewing Co. brewed their first batch of beer in 1995 and have been family owned and operated ever since.

Their beer is brewed in a steam-fired, 20 barrel brew house (that's about 1220 gallons of beer), the brewery has four, 40-barrel fermenters and one 80 barrel fermenter and they sell their beer on draft and in bottles at several locations in Central California.

California Blonde Ale is a traditional American style Golden or Cream ale. Their version is fermented cooler and

P a l e A l e

Coast Range Brewing Company

given an extra week of cold conditioning for an ale with a crisp finish of a lager.

The beer is brewed from all American malts with Liberty & Mt. Hood hops providing its spicy hop bouquet.

California Blonde won a Gold Medal at the 1996 World Beer Cup, a Silver Medal at the 1998 World Beer Championships, and a Bronze Medal in 1997. It also won 2nd Place in 1999 and 3rd Place in 1996 at the California State Fair Craft Brewing Competition!

Coast Range Pale Ale is a deep amber colored beer with a rich malt body that comes from their domestic 2-row malt and four of the finest British pale and crystal malts.

A generous amount of Pacific Northwest hops supply a well balanced bitterness and fragrant floral bouquet and their proprietary yeast provides a fresh fruity aroma and a clean satisfying finish.

Coast Range Pale Ale won a Silver certificate and a 3rd Place Ribbon at the California State Fair in 1995 and 1997. It also won a Silver Medal in the 1998 World Beer Championships and a Bronze in the 1997 World Beer Championships.

O r g a n i c P o r t e r

Butte Creek Brewing Company

Butte Creek Brewing Company is located in Chico, California. As you may already know, Chico is home to the more popular Sierra Nevada Brewing Co. Although Butte Creek brews only a fraction of what Sierra Nevada does, the boys at Butte Creek have been holding their own since 1996.

Butte Creek bottles 6 full-time brews in 12 oz bottles. Gold Ale, Creekside Wheat, Roland's Red, Organic Ale and Organic Porter and Organic IPA. Their IPA is available in 22 oz bottles all year round. As many other breweries do, they have several different seasonal brews which we plan on bringing you as featured brews when they become available.

For this microbrewery to survive in the same town as Sierra Nevada, it is absolutely imperative that their beers be top notch! Butte Creek's brews are just that.

Organic Porter is true to the porter style of beers. Brewed with a unique blend of organically grown malts and hops from certified organic farms, its full bodied malty flavor has a very nice hop balance giving it a subtle bitterness with a dry finish. This is a very smooth and drinkable beer that acquired the Bronze Medal at the 2002 California's Brewers Festival. They loved it and we are sure you will too.



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