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BEER
on the wall

“Drinking Beer Promotes Freedom of Speech!”

Presents...

Hangover Cures

Congratulations! If you're reading this, you made it through the New Years celebrations and you're still interested in Beer. We love you!

I'm not sure how things were for you this New Year's, but when we came back to work, one of the main topics of conversation around here was "Hangovers". If you knew this group, the fact that we had hangovers was almost a "given". Then the conversation turned to our "cures". After some discussion, we decided ours were all the "Old School" home remedies, nothing worthy of "Off The Wall" space.

Time to do some research! I found a couple that actually may hold some merit, the so-called "Healthy Cures":

EAT YOUR BEANS

Eat your rice, grains, cereals, peas & nuts too. They're all stuffed with Vitamin B1, or Thiamine, which helps you metabolize the alcohol AND stabilizes the nervous system. Lack of B1 is often what causes infamous DTs, or Delirium Tremors.

RUB A DUB ROSE OIL

A drop of rose oil on the temples dilates your capillaries and boosts the blood flow to your brain. Could there be a sweeter way to ease a headache?

OK, pretty boring and "run of the mill", huh? What you expect from us? Of course not!

These are actual cures we found on line, with some added comments.....

THE GRAVITY CURE

If you feel gravity tugging, let it win for a while. Find a warm, flat floor on which to settle your bones. It'll open your lungs and slow the pounding in your head. Feel free to fall asleep. (Maybe this doesn't qualify as a cure, but pretty easy instructions to follow.)

GO BACK TO BED

You've drank hard, you deserve a good rest. Especially good if you can find someone to wait on your every need. (The "Morning After" version of the Gravity Cure.)

YODOO VODOO

Those spun out Haitian voodoo people recommend sticking thirteen black pins in the cork of the offending bottle. (Worth a try, but we haven't worked out the equivalent for twist offs and pop tops.)

SECRET WOMENS' BUSINESS

A woman from Houston in Texas, has a cracker idea. She says "Premium P.M.S. pills work within 20-25 minutes. They cure a headache, nausea, diarrhea, and light headedness. I'm not sure what it will do to the guys, but it works wonders for women.

(I have this terrible visual of these drugs in my stomach doing a 3 Stooges "Where are we?" routine looking for the female anatomy parts to attack.....)

And finally—and this is word for word, no comments from us necessary:

GRAB A NIPPLE

A friend of mine said that drinking his wife's breast milk cured his hangovers when their baby was born. He tried cow milk after she stopped lactating, but said it didn't work like a woman's breast milk. Creepy, eh?" (No comment—but VERY tempting!)

OFF THE WALL

Vol. 8 Issue 1

BEER OF THE MONTH CLUB

this month's featured beers

Mad River Brewing Company, Blue Lake, California

This month we have three fantastic beers from one of Northern California's best brewers, Mad River Brewing Company, for your sampling pleasure.

The Mad River Brewing Company is located in Blue Lake, way up in Northern California where the air is fresh and the rivers run clean.

There are several very good breweries in that neck of the woods and if you get the chance to visit Northern California be sure to give us a call and we will help you plan a fun pub crawl as part of your adventure.

Mad River Brewing Company is one of California's few breweries that still uses open fermenters and brews the hard way.

They brew about 10,000 barrels a year (a little over a half a million gallons) which keeps them in the microbrewery category.

They started out in 1989 as a really little brewery and have since evolved through four phases of growth to become the largest employer in the City of Blue Lake. Of course, Blue Lake isn't a very big town, so they are what we call a big fish in a little pond.

Brewmaster Bob Smith's dream to open a small brewery began in the late seventies and his dream finally became reality in 1989 when Mad River opened its doors and started pouring some of the best beer in Northern California.

Now in their second decade of brewing, Mad River Brewing continues its commitment to produce very fine ales using an environmentally sound approach and a pure brewing process.

A few years back, they started up their own, self contained water treatment plant which cleans all the runoff that comes from the brewing process. It seems that anglers from the Local Fisherman's Union were having too many drunk salmon fall off of their hooks.

The beers are as good as ever and their new water treatment plant will ensure that the beautiful Mad

River runs clean and cold for years to come. It should also keep the fish out of AA meetings.

Mad River bottles several different beers and this month we are showcasing their Steelhead Extra Pale Ale, Steelhead Extra Stout and their Jamaica Red Ale from their Jamaica brand lineup.

Steelhead Extra Pale Ale is a very nice, clean and crisp brew with a good, mildly bitter, hoppy aftertaste - just the way a pale ale should be.

This pale ale is another great summertime brew that will not load you up or bog you down. It's no wonder that this is their flagship beer and also their best seller year after year.

Its bright, golden hue, floral hop aroma and smooth medium body make this beer a great companion for juicy meat or chicken hot off the grill!

Jamaica Red - This beer was originally brewed for the world famous Reggae on the River festival that happens every year in Humboldt County.

Jamaica Red is a unique, malty, red and delightfully bitter brew with a caramel richness. It has a deep Mahogany color and an exotic hoppy character all the way from its spicy aroma to its lingering aftertaste. This beer kicks booty!

Try this brew with a spicy Jamaican Jerked Chicken dish.

Steelhead Extra Stout - A black opaque ale with rich creamy roasted malt character and a very mild hop complement. Take a sip and you'll see why this Extra Stout can convert even light beer drinkers to Stout lovers. A unique flavor profile that starts with a slight coffee flavor and finishes with a hint of roasty chocolate.

Try a pint with a scoop of French Vanilla ice cream, or as a compliment to any dessert. It also makes a hearty breakfast drink!

These beers have been winning awards since 1990 - way too many awards to list here! *Please enjoy.*

Questions or Comments?

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